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Dr. Melissa Palmer's Guide To Hepatitis And Liver Disease

A Practical Guide to Understanding, Treating & Living
with Hepatitis & Liver Disease for You & Your Family

Dr. Melissa Palmer's Guide to
**Hepatitis
& Liver
Disease**

Revised Edition

What You
Need to Know



Melissa Palmer, M.D.



Synopsis

In the United States alone, more than four million people are infected with the hepatitis C virus, and chronic liver disease is the twelfth leading cause of death. In this revised and updated edition of her groundbreaking 2000 book, renowned hepatologist Dr. Melissa Palmer discusses all facets of liver disease, from symptoms and tests to treatment options and lifestyle changes. In addition, this comprehensive handbook reveals cutting-edge research on the dangers of hepatitis C, one of the world's fastest-growing microbial threats.

Book Information

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Customer Reviews

Dr. Melissa Palmer's Guide to Hepatitis and Liver Disease What You Need to Know will undoubtedly become a Bible to liver sufferers. In this superbly written book we come to understand a silent epidemic and the horrible toll it can exact on its victims and their families. The book is very easy to read and attacks liver disease in a step by step approach in which the valuable nuggets of information will be easily digested. The book covers a wide array of topics starting with what to do when you are diagnosed with liver disease. The book depicts the many manifestations of liver disease and the signs and symptoms which accompany it. The next step is what to do when you

find out that you have a liver problem which includes picking the best liver specialist. The laboratory tests and diagnostic liver procedures are explained so that the reader will have a good comprehension of what it all means. Numerous chapters are dedicated to the various types of hepatitis including viral, alcoholic, and autoimmune. Cirrhosis is also a target of intense discussion not to mention the various types of benign and malignant liver tumors. There are a number of chapters which discuss treatment plans and the arsenal of drugs which are presently available along with their side effects. Frankly discussed are the alternative therapies and herbal medicines. The last few chapters are devoted to the practical aspects of liver disease and how best to live your life. Diet and nutrition as well as exercise and lifestyle changes are critical to a favorable outcome to those with liver disease. Discussed are the nutritional aspects of liver disease with regard to the optimal intake of proteins, fats, carbohydrates, vitamins, and minerals.

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Fatty Liver : The Fatty Liver Cure, The Ultimate Principles To Reverse A Fatty Liver And Lose Weight NOW ! (Fatty Liver Cleanse,Liver Cleanse, Liver Detox,Cleanse Diet,liver cleansing diet) Dr. Melissa Palmer's Guide To Hepatitis and Liver Disease Healing Hepatitis and Liver Disease Naturally: Detoxification. Liver gall bladder flush & Cleanse. Cure Hepatitis C and Hepatitis B. Lower blood cholesterol and stop cirrhosis The Fatty Liver and Weight Loss Solution, Proven Natural, Safe and Non-Toxic Strategies to Reverse, Cure and Prevent Fatty Liver.-Fatty Liver Cure, Fatty ... Fatty Liver Disease, Fatty liver cure) Fatty Liver :The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure,Fatty Liver diet,Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) Box Set #1: The Natural Fatty Liver Cure + The Fatty Liver and Weight Loss Solution (fatty liver, fatty liver cure,fatty liver diet, milk thistle, cirrhosis, fat chance, cleanse diet, detox diet) Non Alcoholic Fatty Liver Disease Liver Cleanse Diet & Recipes: because a happier liver makes a happier life! Heart Disease: Heart Disease Prevention And Reversal Guide To Prevent Heart Disease And Reverse Heart Disease With Heart Disease Prevention Strategies And Heart Disease Diet Advice Sleisenger and Fordtran's Gastrointestinal and Liver Disease- 2 Volume Set: Pathophysiology, Diagnosis, Management, 10e (Gastrointestinal & Liver Disease (Sleisenger/Fordtran)) Sleisenger and Fordtran's Gastrointestinal and Liver Disease: Pathophysiology, Diagnosis, Management (Gastrointestinal & Liver Disease (Sleisenger/Fordtran)) Liver Detox Cleanse :The Natural Liver Detox Cleanse, A Proven 7 Day Program to Cleanse your Liver, Lose Weight and Reclaim your Health. Sleisenger and Fordtran's Gastrointestinal and Liver Disease Review and Assessment (Sleisenger and Fordtrons Gastrointestinal and Liver) Possible Miracle: A Caregiver's Experience Coping with Her Husband's Struggle Through Pancreatic Cancer,

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